

Name: Manish Kumar Dwivedi

# **Permanent Address:**

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### **Personal Data:**

Father's Name: Late G K

#### Sharma

Date of Birth: 04-11-1982

Sex: Male

Nationality: Indian

Marital Status: Married

# **RESUME**

#### **Academic Achievement**

➤ Qualified UGC NET in subject "management" in June 2011

➤ Pursuing **Ph.D** in **Management** from Institute of Management Studies, Banaras Hindu University under the supervision of Prof. S. K. Singh (Former Dean, Institute of Management Studies, Banaras Hindu University)

# **Professional Experience**

1)Institute : Bora Institute of Management Science

**Designation**: Assistant Professor

Duration : Since August'2013 to 29 December'2014
 Duties : Delivering Lectures, mentoring and guiding the students, handles administrative tasks

2)University : Graphic Era University, Dehradun

**Designation**: Assistant Professor

**Duration**: Since April'2010-July'2013

**Duties** : Delivering Lectures, mentoring and guiding the students, handles administrative tasks

3) Institute : Motilal Rastogi School of Management

**Designation:** Lecturer

**Duration**: Oct'07 to March'10

**Duties** : Delivering Lectures, mentoring and guiding the students, handles administrative tasks

4) Company : Zenith Rollers Pvt Ltd
Designatio : Client Relationship Partner

**Duration**: Dec'05-Sep'07

# **Academic Qualifications**

Sl. No.	Qualification	Year	University/Board
1	Pursuing Ph.D	2015	Banaras Hindu University
1.	MBA	2011	SMU
2.	PGDBA	2006	International Institute for Special Education affiliated and accredited by AICTE and declared equivalent to MBA approved by AICTE
3.	BBA	2002	Sherwood College of Management affliated to Dr R.M.L.Avadh University
4	12	1999	Maharishi Vidya Mandir (CBSE)
5	10	1997	Maharishi Vidya Mandir (CBSE)

#### PRESENTATIONS IN CONFERENCES/ SEMINARS

- ➤ Presented Case Study titled "How Good Governance transform the shape of Rural India through Sustainable Development: A Case Study of Jayapur village of Varanasi" at Global Summit on Management Cases organized by Indian Institute of Management, Raipur on 5<sup>th</sup> & 6<sup>th</sup> February, 2016
- ➤ Presented paper in National Conference on the topic "Good Governance promotes Corporate Social Responsibility through Government Process Re-engineering in India" in National Institute of Financial Management, Faridabad, Haryana on 24 August 2015.
- ➤ Presented paper titled "Importance of Kundalini Yoga" in International Conference organized by Department of Rachana Sharir, Faculty of Ayurveda, IMS, BHU
- ➤ Presented paper on International Yoga Day in National Seminar and Workshop on 'Ashtanga Yoga and Human values' on the topic "Impact of Yoga Nidra on Stress and Development of Moral Values" on 22 June 2015 in Banaras Hindu University
- > Presented paper on "Industrialization in India before Independence" in National Seminar held in Hindu College, Sonipat, Haryana.

#### PUBLICATIONS

- ➤ Published paper titled "Yoga Nidra as a Stress Management Intervention Strategy" in Purushartha : A Journal of Management Ethics and Spirituality, Vol. IX, No.1 (2016) bearing ISSN No. 0975-024X
- ➤ Published paper titled "Stress Management and its Coping Mechanism through Yoga" in SodhaPravaha Journal, ISSN No. 2231-4113, Vol. VI, Issue 1 (2016)
- ➤ Published paper titled "Scientific Analysis of AUM in knowing self" in Aatmbodh Journal of Rajarshi School of Management & Technology, ISSN No. 0972-1398, Vol. XIII, Issue 1 (2016)
- ➤ Published paper titled "Anatomy & Physiology of Stress" in Journal of Advanced Research in Ayurveda, Yoga, Unani, Siddhi, Homeopathy, Vol. 2(3) 2015, Publication Advanced Research Publication, ISSN 2394-6547
- ➤ Published paper titled "Wisdom Illuminates the Life through Kundalini Yoga" in Proceeding of International Conference organized by Department of Rachana Sharir, Institute of Medical Science, Banaras Hindu University, Varanasi, ISBN 978-81-7637-361-6
- ➤ Published paper in Proceeding of National Seminar on 'Healthcare in present perspective' organized by Angirasa Seva Sansthan on the topic "Stress Management Intervention Strategy through Rational thinking and Yoga" in Emerging Researcher Journal ISSN: 2348-5590 Volume 2, Issue I, January-March 2015 page no. 217-219.
- ➤ Published Paper in Proceeding of National Seminar held by Angirasa Seva Sansthan on the topic "Impact of Government Policies on Stock Market" in Emerging Researcher Journal ISSN: 2348-5590 Volume 2, Issue I, January- March 2015 page no. 60-61
- Editor in Special Editorial Board of Journal "Emerging Researcher" IISN No. 2348-5590.
- ➤ Published Abstract titled "Stress Management with special reference to Pranvaha Srotas and Pranayam" in Souvenir in National Conference on "Application of Dosha- Dhatu- Mala in Physiopathology of Pranvaha Srotastha Vyadhi (Respiratory Disorder) in BHU
- ➤ Published Research paper titled "Study of Stress Management with special reference to Yoga" in Journal "Emerging Researcher" ISSN: 2348-5590 Volume 1, Issue IV, October December 2014 page no.

#### WORKSHOPS/FDP

- Attended Faculty Development Program on "Multivariate and Advanced Data Analysis for Management & Social Science Research" held at ABV- Indian Institute of Information Technology and Management (IIITM, Gwalior) from 25 July 2016 to 30 July 2016.
- Attended 7 days "Workshop on Research Methodology and Statistical Analysis" held at Institute of Management Studies, Banaras Hindu University, Varanasi from 14 March to 20 March 2016
- Two weeks Workshop on "Yoga **Practices for Promotion of Physical & Mental Health**" on 8<sup>th</sup> June to 22<sup>nd</sup> June, 2015 conducted by Yoga Sadhana Kendra, Malviya Bhawan, BHU.

#### **CERTIFICATE COURSE**

Four Week Certificate Course in "Yogic Practices for Better Living" conducted at the Yoga Sadhana Kendra (Centre for Yoga) Malviya Bhawan, Banaras Hindu University in Session Feb-March 2015

#### **SKILL SETS**

### **Computer Skills:**

MS-Office (MS-Office, Power Point, Excel, Internet)

➤ Qualified Exam Of "CCC" (Course on Computer Concepts) with Grade B in November 2014, organized by National Institute of Electronics and Information Technology (NIELIT), Department of Electronics and Information Technology, Ministry of Communication and Information Technology, Government of India.

## **Declaration:**

Declaration: I hereby declare that the information provided above is all correct and true to the best of my knowledge and belief.

Date : Place:

Manish Kumar Dwivedi