



काशी हिन्दू  
विश्वविद्यालय



BANARAS HINDU  
UNIVERSITY



# NATIONAL CONFERENCE

ON

**INNOVATIVE SCIENTIFIC CULTURE IN PHYSICAL  
EDUCATION, SPORTS AND YOGIC SCIENCES  
(ISCPEYS – 2023)**

**(5<sup>th</sup> & 6<sup>th</sup> April 2023)**



***Organized by***

**Department of Physical Education, Faculty of Arts  
Banaras Hindu University, Varanasi-221005**

## **ABOUT BANARAS HINDU UNIVERSITY**

Banaras Hindu University is an internationally reputed temple of learning, situated in the holy city of Varanasi. This creative and innovative university was founded by the great visionary, Pandit Madan Mohan Malviya, in 1916 with cooperation of great personalities like Dr Annie Besant, who viewed it as the University of India. Banaras Hindu University was created under the Parliamentary legislation - B.H.U. Act 1915. The area of the main campus of this premiere Central University is 1300 acres, having well maintained roads, extensive greenery, a temple, an air strip and buildings which are an architectural delight. The university comprises 6 Institutes, 14 Faculties, 144 Departments, 4 Inter-disciplinary Centres, a constituent college for women's and 3 Constituents Schools spanning a vast range of subjects pertaining to all branches of humanities, social science, technology, medicine, science, fine arts and performing arts. It has 6 centres of Advanced Studies, 10 Departments under Special Assistance Programme and a large number of specialized Research Centres. Banaras Hindu University is virtually the small universe in microcosm.

## **ABOUT DEPARTMENT OF PHYSICAL EDUCATION**

The Section of Physical Education was established in the year 1965, under the leadership of Prof. Karan Singh the Diploma course in Physical Education in the Arts Faculty B.H.U. Was started. On the recommendation of Dr. Joseph and Dr.Chopda Committee B.P.Ed. Course started from the Session 1973-74 and then M.P.Ed. (One year) course was started from 1983-84 session. Enrolment for Ph.D. was started from March 1986. B.P.E. (three years) was run from 1997-2003, thereafter B.P.E. (four years) from 2003-2005. From 1985-2005 M.P.E. course was run. After getting NCTE and NAAC recognition in 2006 M.P.Ed. (Four semesters) and B.P.Ed. (One year) course was restarted. B.P.Ed two year (four semesters) courses was started in 2015. The Department has Library and a well-equipped laboratory for Exercise Physiology, Sports Psychology, Physiotherapy Human Performance Training, Computer, and Yoga. The department have a separate building with all the required facilities and infrastructure of teaching and learning as per UGC, NCTE, NAAC norms.

## **INTRODUCTION TO THE CONFERENCE**

The national conference spanning over two days is meticulously designed to bring together renowned academicians, honoured researchers from distinguished institutions as well as physical education teachers. With greatest minds across the country, stimulation will be developed on 'Innovative Scientific Culture in Physical Education, Sports and Yogic Sciences'. The conference will provide a unique platform to the participants to evolve their ideas and cognition as the listen to a well crafted panel discussion along with thought-provoking speaker sessions.

## CALL FOR PAPERS / POSTERS

The conference invites papers / posters on the following sub-themes:

- Innovations in Physical Education
- Technology in Physical Education
- Current trends in Yogic Sciences
- Physical activity promotion strategies
- Education and Sports Technology
- Strength and Conditioning
- Leisure and wellness, Health promotion
- Sports coaching and training science
- Professional preparation of the PE teacher after covid-19
- Adapted Physical Education
- Injury and their Rehabilitations
- Understanding of Nutrition in Sports
- Physiology of exercise
- Sports and performance psychology
- Application of Kinanthropometry in Sports
- Biomechanical intervention for the advancement of sports

### **ABSTRACT & RESEARCH PAPER SUBMISSION GUIDELINES**

Authors are requested to prepare their abstract and paper submissions and send a soft copy through email at [iscpesys2023@gmail.com](mailto:iscpesys2023@gmail.com) The authors are requested to adhere to the following guidelines:

- The Research Papers should be in a Word Document format, Times New Roman, 12-point font size with 1.5 line spacing, 1 inch margins and APA style of referencing.
- The word limit for the Research Paper is limited to 4500 words, and must include the following: Title, Objectives of the study, Methodology, Findings, Conclusion/Implications/Recommendations. Limitations (if any), Acknowledgements (if appropriate), References, and Appendices (if appropriate).
- Abstracts should be limited to 350 words.

### **IMPORTANT DATES**

- ❖ Registration start - **1<sup>st</sup> February 2023**
- ❖ Submission of papers (with abstracts)- **10<sup>th</sup> March 2023**
- ❖ Notification of acceptance - **15<sup>th</sup> March 2023**

### **PUBLICATION**

Selected papers will be published in the peer reviewed journal

### **REGISTRATION DETAILS**

- Registration fee: **Rs.2000/-** includes registration kit, breakfast, lunch & tea (No accommodation). certificate, **one** print copy of journal. (extra copy of journal incurs extra charge **Rs. 500/copy**).
- Fee submission details will be send separately to only registered candidates, after 10<sup>th</sup> February 2023.**

**Registration link:**

<https://docs.google.com/forms/d/1YYK7Td8mc1qFykpRZ4fSOOLGE2B7VdOcj6nJIhOS8zQ/edit>

# ORGANISING COMMITTEE

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<b>Patron</b>	<b>Prof. Vijay Bahadur Singh</b> , Dean, Faculty of Arts, BHU
<b>Conference Director</b>	<b>Prof. Rajiv Vyas</b> , Head, Dept. of Phy.Edu., BHU
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## CONTACT US

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